

IMS PRESS

Volume 25

Ingomar Middle School

March 1983

Gym show captures excitement of Olympics

By Jami Lombardo

Once again it's time for the annual gym show. The show will be presented on March 25. Participants have been at work for the past month.

Mr. Cervone and Mr. Frank coordinate the gym show. Mr. Cervone said, "This year's show should be one of the most exciting in years. Since the Olympics are coming up in 1984, we plan to use that as our theme."

Mr. Cervone explained that two evenly-matched teams will compete against each other. Judges will sit along the sidelines and evaluate each performance by holding up cards.

This year something new has been added. There will be a few people performing stunts on the rings. There will only be two acts performing at a time.

Here are some of the acts to look forward to:

- Beam: Kim Wyland, 7th grade
- Floor: Angie Evans, 7th grade
- Unevens: Linda Anderson, 6th grade
- Rings: Tom Fawcett, 8th grade
- High bar: Matt Spak, 8th grade
- Horse: Craig Flanagan, 8th grade
- 7th and 8th grade girls' dances
- Parachute routine: all 6th graders

The program and cover will be put together by Mark Stoerker, Tim Genter and Mark Briskey under the supervision of Mr. Wells.

Spring intramurals start

By Joe Milcoff

Spring intramurals will start on Monday, April 11, after an organizational meeting on Wednesday, April 6. Mr. Frank will coach 6th grade softball, while Mr. Meyer coaches the 7th and 8th grades. Volleyball will be coached by Ms. Norton; Mr. Cervone will coach the tennis team and tennis intramurals.



Alex Jewart will perform on the rings. This apparatus is a new event planned for this year's gym show.

Read-a-thon nets \$767 for Multiple Sclerosis

By Robert O'Connor

Eleven students participated in the Multiple Sclerosis Read-a-thon. They read 299 books and earned \$767.20 for M.S. All participants received a certificate, book mark, and a Steeler 50th anniversary photo.

The top prize winner was Robert O'Connor, 7th grade. He won an AM/FM Headphone Radio by earning \$206 for M.S.

Sean Locke, Tammara Lovett, Dave Thomas, and Kim Wilder all won cameras. Debra Zusman, Kristen Henrion and Maya Gupta won Steeler pennants. Alex Jewart and Cathy Kotsenas won M.S. frisbees. Andy Paluselli won a free pass to Chuck E. Cheese's Pizza.



Band travels to Edinboro, 'Teen' musical in the works

By Eva Snyder

The 8th grade music department has a full schedule this spring.

The band is taking a bus to Edinboro State College for an Adjudication Festival on April 16. There they will be judged on their playing skills and sight reading. The 8th graders will be playing three selections and a warm-up.

Meanwhile, four 8th grade chorus students have been selected for District Chorus, also being held April 15 and 16. Students in the 8th grade auditioned and were evaluated. Then eight top singers were selected by Mr. Moser. The host school, Connellsville, chose the voice parts that were needed for the chorus.

The District Chorus is sponsored by the Pennsylvania Music Education Association. To prepare for the concert, the students practice Wednesdays from 3 to 3:40 p.m. These students are: Mark DeLisi, Rob McCleod, Brian Hanlon, and Colleen Higbee.

In the 8th grade chorus, Mr. Moser is planning a musical production in addition to the regular spring concert this year. "This musical Teen is about the typical, exciting, chaotic, and sometimes frustrating life of teenagers," explained Mr. Moser. "It is a play that focuses on the average weekend of teenage dances, parties, boredom, and fun."

All of the 8th grade chorus will be participating and learning about: staging, choreography, lighting, props and other facts of musical theater production. Teen will probably be presented in mid-April.

Artist sets up residence

By Jim Talarico

This month 32 students have had a chance to work with Robert Qualters, a nationally known painter and muralist. This opportunity was known as the Artist-in-Residence Program. The artist arrived on March 8 for orientation. He set up an exhibit of his work and prepared the studio. Students began work with the artist on March 10.

Students worked with the artist for a period of 20 days. The program has been held for most students during Unified Arts, and their work will be given a grade.

Students in this program had to participate in the program for an equivalent of 20 class periods; but with activity periods, lunch periods, and work after school, they could work for 67 class periods.

Mr. Simanek, who has organized the program, said, "I view it to be among some of the more outstanding activities offered at IMS. I believe that this will provide a needed avenue for student expression in an area which does not usually receive the amount of attention it deserves."



The Artist-in-residence program sparked the "creativity" of Mr. Wiley and his students. "Unartists" like Deanna Emark and Katie Dwyer contributed to a mobile which demonstrates that not everyone has artistic ability.

EDITOR

at large

Student-council elections require intelligent votes

By Debbie Martin

Soon it will be time to cast your votes for next year's student council officers. There are as many types of voting techniques as there are votes. For instance, Joe Smoe goes in his booth and looks over his ballot.

In voting for President he votes the traditional way by flipping a coin. He then sees one candidate that was nice to him and votes for him for Vice President. He chooses the secretary with the "eenie-meenie-meiny-moe" technique.

The following year when those officials are in office and they aren't doing a good job, Joe starts to wonder why.

Most people, when voting, don't consider who will do the best job but just who they like, and those don't happen to be the best qualifications.

So do you want the best or worst possible student council? The choice is yours.

IMS PRESS

Layout: Cindy Schranghamer, John Gable, Laurie Phelan, Robert O'Connor, Kristin Veraldi, Kristin Anders, Debbie Martin, Christi May, and Joe Milcoff

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The IMS Press has won awards from the Duquesne University Scholastic Press Association and Pennsylvania School Press Association.

Elections get underway

By John Gable

Politicians are trying to decide who should be the next presidential candidates. Likewise, students have to decide whether they want to take on the challenge of running for Student Council offices.

These election procedures start in late March or April. Sponsor, Mr. Meyer, meets with interested students and discusses the merits and responsibilities of holding an office in the council.

After this informal meeting, the students interested are given petitions to have signed by students.

After the petitions are collected, Mr. Meyer meets with candidates to talk about posters and campaign speeches.

After that, the posters which have been approved by Student Council are displayed until the voting day.

So get ready for a lot of work during the next couple months if you plan to run for office.

* The American Way *



All of the 8th grade English classes recently wrote business letters. These students are mailing their letter to government officials. Many students wrote to President Reagan and are hoping for replies soon so they can show them to their history teacher, Mr. Buffone.

Other 8th graders sent away for free material to coincide with the energy unit in Mr. Meyer's and Mr. Glaspey's science classes.

Teens learn to handle feelings of inadequacy

By Neilly Buckalew

In school there are so many different types of people it can get hectic trying to compete or fit in with the crowd. In this "keeping up situation" a teenager can develop feelings of inadequacy. A person might feel too dumb or too smart, or maybe too short or too tall.

"No human being is physically perfect," stresses Mrs. Steele, our guidance counselor. "We all have our good and bad traits, inherited or otherwise."

We all want to be better looking than we are, but better looks really don't mean anything.

"What we have to do is accent our good points," advises Mrs. Steele, "and not dwell on the negative ones. It is more important to keep healthy through a proper diet and exercise than to concentrate on becoming a '10.'"

Problems can develop if a person feels overweight and becomes obsessed with this feeling and goes on a crash diet. Your opinion of yourself is the stem from which feelings of inadequacy develop. Have a positive attitude about yourself.

Probably a frequent feeling of inadequacy stems from grades.

"Usually poor grades cause depression in a student," comments Mrs. Steele. Knowing your potential and living up to it is important. "Inadequate grades for some students can be adequate to another," states Mrs. Steele. You can never be too smart but there are those who feel they are. Usually, the wiser we become, the more we realize how much more we have to learn.

A source of competition in schools is money. Students may feel that their not having money will affect their friends' attitudes toward them. "Too rich or too poor is a state of mind. Many people equate money with happiness but that is not always true," says Mrs. Steele. Rather than worrying about status, we'd be "richer" in mind if we accept what we have.

There is no one person who is truly too small or too dumb or too tall or too poor; we're all just different.



Many students have tried the salad bar

Cafeteria uses tickets, salad bar opens up

By Joe Milcoff

Two additions have been made to the cafeteria program. Lunch tickets were first sold on Feb. 25 and the salad bar was added on March 2.

The lunch tickets, sold every Friday, cost \$4.25, which is the same price that it would cost for a week without the tickets, but without having to carry the money around. The tickets are good for the hot plate lunch, the salad plate lunch, or the sandwich plate lunch.

The salad bar, which costs 85¢, features a platter, 6 inches by 8 inches, and is a one trip salad bar. On the first day, the salad bar had a lettuce mixture, chunked ham, garbanzo beans (chick peas), apricots, shredded cheese, chopped beets, celery, pickles, chopped hard-boiled egg, croutons, bacon bits, and three kinds of dressings: French, Italian, and Thousand Island.

Most students enjoyed the salad bar, but some said that the price was too high for the size of the platter. Many suggested that there should be a new variety of dressings.

Student council sponsor Mr. Meyer said, "I am glad to see that so many students have been trying the salad bar."

Having your parent for teacher not an automatic 'A'

By Christi May

Imagine what it would be like to be a student in your parent's class. Maybe it sounds like fun, supposedly being a teacher's pet, but according to 7th grader Nancy Lippert, it wasn't that easy last year having her mother for math.

"At school I was treated as a student and at home as a daughter. But if I didn't understand my homework, she didn't help me because she already taught it to me in school.

Nancy didn't seem to mind, and neither did 8th grader Angela Bond, who had her father two years ago for math.

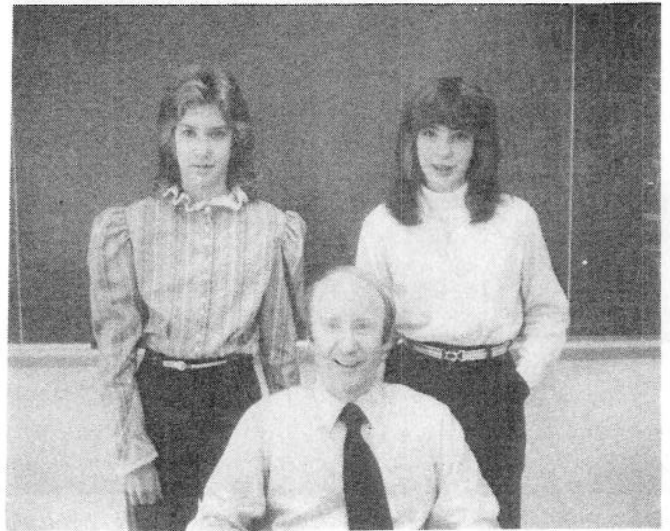
"I don't think my classmates ever minded my being the teacher's daughter, but they sort of kidded around by saying they got all the answers off of Mr. Bond's daughter, but I never minded it. If I had a choice, yes, I would be in his math class again. I felt it was much easier for me to get my math done."

Even though both girls had their parents as teachers, it seems as if they were treated as regular students. Nancy Lippert added, "If I did something wrong I got yelled at just like the other kids."

Although both Angela and Nancy felt that having their parents as teachers wasn't too bad, Trina Bond, a 6th grader, feels differently. "Some kids think I'm favored by my father and that I get the answers, but that's not true! If I had been given a choice, I would not have been in his class," said Trina.



Mrs. Lippert and daughter Nancy



Mr. Bond with daughters Trina (left) and Angela

How did the parents react to having their children as students?

Mrs. Lippert said, "It was fine with me. Nancy is not only my daughter, she is my best friend."

Mr. Bond also has enjoyed seeing his daughters as students. "Since they are both hard workers, no hassling has been necessary. A good deal of my life is invested in my children, and it's been a good experience. I'm thankful for the opportunity since I spend so much time with other people's children."

Ron Costolo, runner-up at Buhl Spelling Bee

By Cindy Schranghamer

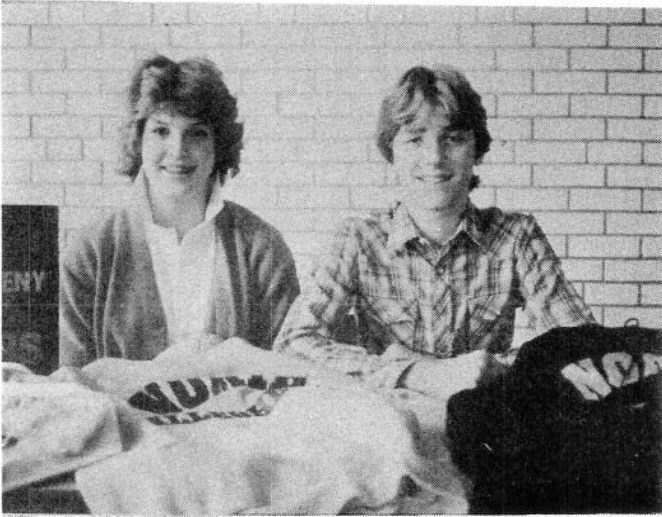
Three 7th graders performed well at the Buhl Spelling Bee on March 12. After four hours of tense spelling, Ron Costolo was the runner-up.

Shelley Kaczmarek and John Pazin lasted until the 5th round.

Ron said, "The words that bug me are the final round words which I can't even pronounce." Ron had to spell collocal, diacetate, immittance, misopedist, and equestrienne.

Ron was runner-up to Kerry McQuade, 7th grader at Seneca Valley Junior High in Penn Hills.

Student Council



Julie Evans and Mike Cinker

Public relations officer, treasurer describe jobs

By Luke Dunlap

Mike Cinker and Julie Evans are both Student Council officers with important jobs.

Mike Cinker, the Student Council treasurer, has three main interests. He likes football, baseball and Jackie Kromer, (not necessarily in that order).

Mike takes care of the pencil machines, runs the Tiger Shop, handles money requests, and pays the bills.

"My job isn't hard if I stay on top of the work," he said.

Julie Evans is our public relations officer. She was homeroom representative for 6th and 7th grade. When Julie lost the presidential race last year, Mr. Moser appointed her as public relations officer.

Julie is involved in public address announcements and dance committees. Julie also does office work, introduces assemblies and works with the principals.

One of the toughest parts of my job is introducing an assembly when I only have five minutes to get my information from the performer," said Julie.

Julie's family plans to move to Baltimore before the end of the school year. Mr. Meyer will be appointing someone to take her place.



Classroom changes surprise students

By Joan Adams

The room is full of mass confusion. Everyone is complaining because the classroom desks or tables have been rearranged. Then the teacher appears and organizes the crowd with his/her new seating chart.

"Aw, teach! Do I have to sit here?"

"Can I sit in back?"

"Oh no! Not again."

These comments are but a few of the complaints heard when a new seating arrangement is introduced.

"There are always a lot of comments as if it were the end of the world when the tables are moved in my room," said Mrs. Neff, 8th grade English teacher.

Recently, after the tables were changed for a special project, she heard people walk into the room saying:

"Hey, what's going on?"

"Oh no! What are we going to be doing now?"

"Can we keep them this way?"

"Whoa, gees!"

Seating changes are not a common occurrence; but students get rattled when they are moved. Mrs. Elseth of Team A, 7th grade, has changed her seats around for the third time. Robert O'Connor said, "What are you trying to do? Give us some kind of a complex!"

Another situation that invites many comments is when a movie projector is in the back of the room:

"What's that for?"

"Are we going to see a movie?"

"What's the movie about?"

I guess most people find it difficult to adjust to change. We all get attached to our own seats in class (unless the person beside you is the school bully or paper moocher). Just look at the cafeteria. Most students sit in the same location each day even though no seats are assigned.

Doll collection grows into family of 1500

By Mark Dosch

One of our cafeteria ladies has a hidden treasure. Mrs. Helffrich collects dolls, not just a few dolls but 1500, possibly more.

Her collection comes from foreign countries and the United States. The main part of her collection is Bisque dolls which are made in Germany and France. They date as far back as 1800.

Mrs. Helffrich said, "I don't think I could pick the most unique doll. Each one has its own charm and to pick one would be difficult. However, one doll, Trudy, is most unusual. Trudy is three-faced. She is mechanical and was used as a store display. Each of the faces is a different expression."

She started her collection when her husband, Jack, left her very first doll on the door step Christmas Eve. This one was a 14 inch baby Bye-Lo, her most special doll.

She got some of her dolls as gifts from family. Most of the others were purchased at flea markets, antique shows, private homes, and one Dionne Quint (one of the famous quintuplets) was found in a garbage pile.

Mrs. Helffrich said, "I've been collecting dolls for 15 years and having fun."



Mrs. Hellfrich uses proceeds from doll displays to help retarded children

IMS Language Week includes festivities

By Laurie Phelan

The week of March 21 has been declared Language Week. Some very interesting festivities will be conducted for the 8th grade on the afternoon of March 23 during 5th, 6th, and 7th periods.

The German classes will be putting on the Zillertaler Landlier, the Sternpolka, and the Little Duck Dance. Some of the stars are Jami Lombardo, Tim Frenz, Clare Tremer, and Cindy Schranghamer.

The Latin classes will hold Olympic competitions. Classes will learn about the history of the Olympic Games and students from the various language classes will compete in games. Awards such as laurel wreaths and scrolls will be presented to the winners. Mrs. Gross, Latin teacher, expects stiff competition.

The French classes are putting on a French play called Cafe de Paris with some singing and music. Ted Wilson and Chris Everett will perform as mimes. Also Big Bird is coming to show students how to do the Can-Can in Mrs. Amelio's classes.

Mrs. Anke and her Spanish classes are having a Spanish Fiesta. The festivities will include Spanish dances and the breaking of pinatas.

April Fool reveals pranks

By Meg Mangano

Everybody's a fool at one time or another, right? But an April Fool is different. An April Fool is special. In order to be an April Fool, you have to have some good pranks to perpetrate. I have written some ideas for those pranksters who need some suggestions.

Before your dad goes to work put pebbles in the hubcaps of his car. Put a whoopie cushion in the driver's seat and take off for school.

Take a piece of fried chicken from lunch and put it in one of the teacher's coat pockets. Then put the mashed potatoes and gravy in your friend's purse.

Glue a quarter to the bathroom floor and watch the expression on the person's face who tries to pick it up.

Get about 50 people together and ring a real nerd's doorbell, declaring that you're all here for the party she invited you to.

Students get involved in computer age



By Annette Grinager

What's big, made of wood, and has a computer "living" in it? The answer, the CompuDOME in Room 33.

This structure contains an electrical instrument that can do math homework (and other homework if programmed correctly).

Throughout the school, we have five Apple II computers: One in the library, one in Room 33, one in Room 205, and two in the reading lab.

The students learn a variety of things from the computer: reading skills, dictionary and study skills, library research skills, literature, career and newspaper units, and life skills.

In Room 33, students in the gifted program can create their own programs and create they do. Teacher Mr. Simanek said, "Their programs include things from mystery and adventure challenges to graphics designs."

In January, the library received a new computer. "The district media staff wanted computers for all the libraries and wrote a proposal for funds to buy them," Mrs. Palmer commented.

Mrs. Palmer explains that she'd like to expand use of the computer and the software collection. Some new uses she foresees for the computer are:

- 1) searching data bases as a part of research
- 2) a bibliographical tool, and
- 3) remediation.

Mrs. Palmer added that the library will soon have a terminal that connects to Northland Library's main frame. "We eventually will be able to search the collections of all N.A. secondary schools as well as Northland, Passavant Hospital Library, and selected materials from other collections. This program will be the NORTHERN AREA NETWORK.

By Kristen Veraldi

Have you ever used an Apple? I don't mean the kind that you eat for lunch. The Apple that I'm talking about is a computer.

Over 60 students here at IMS own home computers. According to our recent survey, some of the most commonly owned computers are the Apple, Atari, Texas Instruments, IBM, and TRS-80.

Many student use their computers to help them with their school work. Most use them for math and science. Students usually use their computers for games, and a few adventurous ones program their own.

Kris Anderson, a 7th grader, has written a demonstration tape that is used in computer stores in California. Many students teach computer programming on the computer in the library.

Everyone has, at one time or another, dreamed of having a computer to do homework. Maybe someday a computer will be assigning us our homework!



Easter bunnies pick honey

By Erica Boeke

Easter is for candy, fun, and loved ones. Many students here at Ingomar have one special person on their minds around this time of year.

In eighth grade:

Keith Carter-Kelli Payne
Julie Evans-Jim Mowry
Jackie Kromer-Mike Cinker
Brenda Sturgess-Todd Keller
Erica Boeke-Eric Hunkele
Catie Chenzoff-Dan Nehrer

In seventh grade:

Jason Williams-Valerie Snyder
Shawn Schweiger-Tracy Robinson
Mike Alcorn-Lara Andreykovich
Jenny Martin-Chris Groetsch
Keith Siddoway-Lisa Fernandez

In sixth grade:

Adrian Stout-Erin Fagan
Julie Doyle-Chris Gray
Nicole Patterson-Bobby Yeager
Tim Titus-Christine McConnell

Meg's journal

Cures for writer's block help with compositions

By Meg Mangano

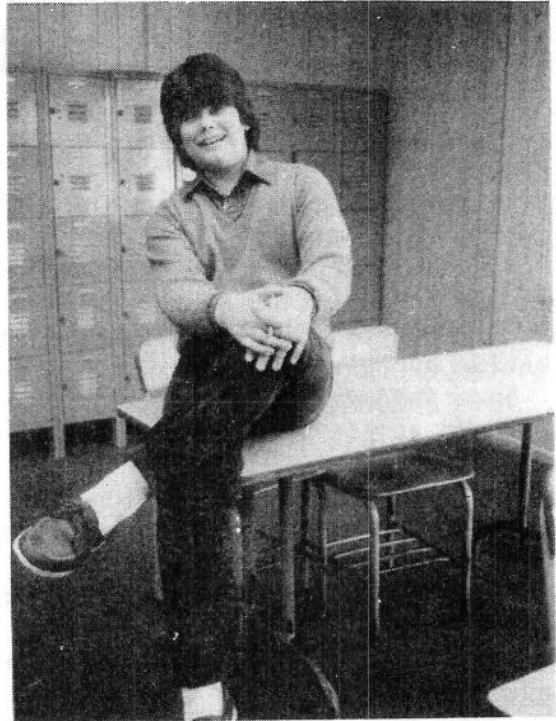
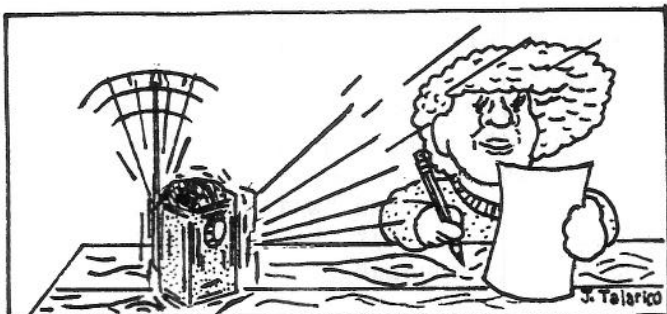
I can never think of anything to write. I mean, when the teacher says, "Choose your own topic," that doesn't narrow it down too much. So I'm writing this article to inspire the millions of others who have the same problem as me. If you're desperate and willing to do anything to get an idea, here are some things to try.

Go up to your room. Close the door, lock it, and turn up the radio full blast. If your mom screams to turn it down, pretend not to hear. Stare at the paper for a moment and then take out a pencil. See how deep you can bite into it. Then take out a pen. Take it apart and play with the little spring. Try to shove it up the cat's nose. If he scratches you flick water in his face.

Go downstairs and get a handful of potato chips. Bring them up to your room and eat slowly, seeing how long you can chew on them before gagging. You'll probably get thirsty so go downstairs and get some Pepsi. Bring it up to your room and spill it on your paper by accident.

Take the glass downstairs and steal some cookies. Put crumbs under your bed in case the cats get hungry during the night. From under the pillow, pull out the dirty book your friend gave you. Read the pages without blinking. That will probably give you some ideas to write down, but you might get suspended. Better not write it. Count the lines on your paper. When you finally give up, just go to sleep.

I hope this article will give others ideas. To be honest, none of them ever worked for me.



An example of Murphy's Law: You think you are hallucinating when you walk into class and see Mike Sheets all dressed up.

Murphy's Law strikes again

By Kristin Anders

Murphy's Law says, "If anything can go wrong, it will." This law can apply to many situations that happen in school and out. For instance:

*For the first time all year you've completed all of your math problems, without any trouble, and then your teacher decides not to collect it!

*The one day you forget your textbook, your teacher gives an open book quiz!

*You don't do your homework because the weather prediction is a big snow storm and you think school will be called off. The next morning the big snow fall turns out to be flurries.

*You finally wake up on time, finish all your homework, and are ready to leave on schedule, when you remember it's Saturday!

*You stay up all night studying for a big history test, letting the rest of your homework go undone, when you realize that the test isn't until next week!

*Each teacher gives a huge assignment right before vacation, thinking that no other teacher will give homework!

Jumpers sweat out final minutes of agony

By Leslie Bittner

"I have to...(gasp)...complete this last...(heave)...minute."

Many-a-jumpers choked out these words during the last minutes of the Jump-a-thon. It was held on Feb. 14 to raise money for prevention of heart disease.

Some jumpers weren't too tired to model their shirts for the best team T-shirt contest.

Among them were two winning teams. The suspenseful moment didn't come until the Jump-a-thon was almost over. The thought "Would we win?" flashed through everyone's mind. After what seemed to be years, Mr. Cervone announced, "The runner-ups are the team with the slogan 'We N.A. Tigers jump from our hearts...because we care so much about yours.'" A cheer went up for the team consisting of Charli Sieber, Leslie Bittner, Sabina Akhtar, Debbie Avery, Roberta Levy and Jan Favero.

Suddenly, everything was quiet. The suspense was building again. Soon, Mr. Cervone announced, "The winners are the team with the slogan 'We sweet hearts...just turned into sweat hearts.'" Everyone cheered for the winning team of Holly Headly, Lisa Londino, Chrissie Duerksen, Beverly Billins, Michelle Barna and Susan Kohlhausen.

Later, as the seconds were counted down, everyone thought of all the money they would collect for such a good cause. The grand total was approximately \$3,500.



Jumpers model t-shirts for contest



Mr. Bond and Mrs. Elliot, in rare form

Staff tells about writing

By Leslie Bittner

Do you know what it takes to write a story for the IMS Press? The staff knows all too well. Just take staff members Erica Boeke, Meg Mangano, Jami Lombardo, and artist Jim Talarico, for instance.

Erica, who has been writing creatively since third grade, said, "I feel good after a story, but people don't know how much work it takes to write a story."

Meg Mangano said, "I choose to write because a lot of people told me that I had talent. Then Mrs. Neff got me on the staff and I really enjoy it."

Artist Jim Talarico said, "The funniest reaction to a drawing was when I had to draw Eric Minor, Clare Tremer, and Tim Frenz." His caricatures got a lot of chuckles.

"I feel good about a story because I accomplish something that will benefit other people," commented Jami Lombardo.

The next time "writers block" strikes just think of what the newspaper reporters have to go through.

Faculty sneaks by Tigers in 36-30 upset



The fabulous faculty pharaoh cheerleaders

By Kim Schlesinger

With a score of 36-30, the IMS faculty beat the Tigers at the annual student-faculty basketball game on Feb. 23.

During the first quarter, the Tigers led the game by almost 20 points. However, the faculty came back and put up a fight. Dr. Duchi said, "The Tiger team not only looked like older guys, after the first quarter, they played like older guys!" (The boys had sprayed their hair gray before the game to taunt their older competition.)

The whole game was filled with surprises. One of the biggest was the "Fabulous Faculty Pharaoh Cheerleaders." Mrs. Bradley prepared the costumes and coordinated the efforts. Mrs. Carson choreographed it. Mr. Winter unselfishly allowed himself to be embalmed and transferred into a mummy. Herr Maltz also got dressed up as Pharaoh of the squad. Mrs. Sabatino, wearing a long flowing gown, was Cleopatra.

Even the Tiger cheerleaders had special outfits for the occasion: they wore little kids' pajamas and carried stuffed animals.

The faculty wore Egyptian headdresses and white towels draped around their basketball uniforms.

Dr. Duchi (alias Dr. D) yelled, "We're bad!" as the players ran out of the locker-room. (His prediction turned out to be accurate.)

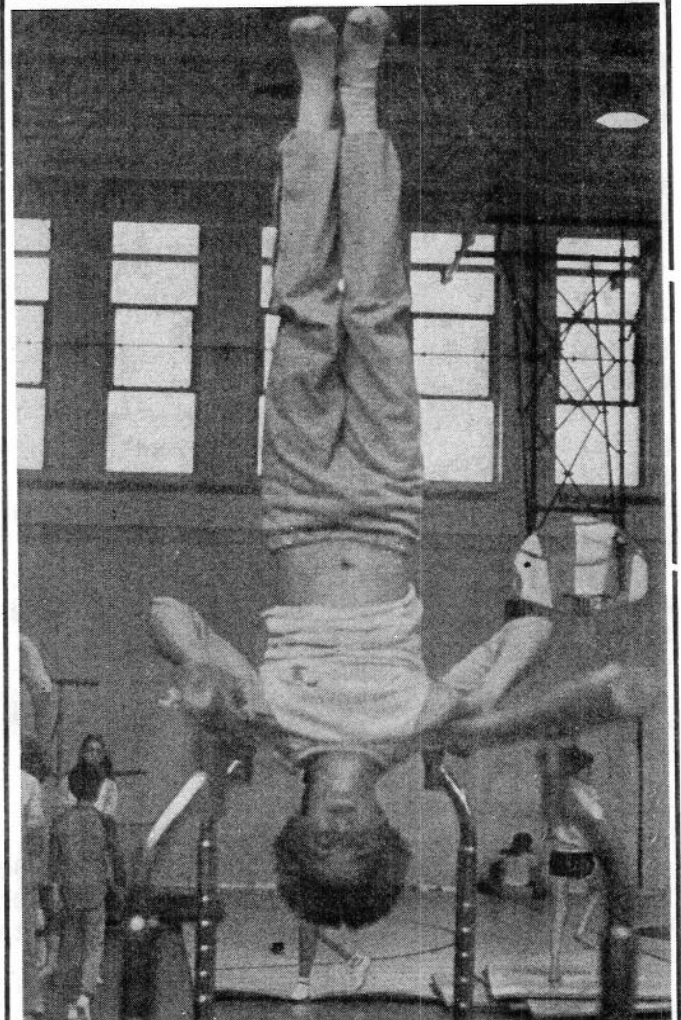
The faculty apparently practiced very little physically, but got them-

selves psyched up for the game. Mr. Baranowski coached them and as Dr. Duchi put it, "also led the team in fouls."

Students watched an impressive boys' team stay ahead during most of the game. Then the dismissal bell rang and students had to get their buses.

The next day students were surprised to learn that the faculty had managed to pull off a victory. Undisclosed sources say that even the teachers were surprised by the faculty win. After the game, Mr. Meister said, "The poor first quarter was due in part to the dazzling distraction of the faculty cheerleaders. The much-improved 2nd, 3rd, and 4th quarters were due to the realization of how hard life would be living with defeat at the hands of the 'gray panthers.'"

Practice, Practice, Practice!



Tony Geitgey trains on parallel bars

t e e n s . o n . t h e . t e a m

Gymnasts train for spotlight performances

By Brenda Foreman

Sukahara, delcheve, suicide! Some of these gymnastics moves are suicidal if not done correctly. Almost every day after school since late February our gymnasts have been preparing for this year's gym show.

The show will be held on March 25. Three of this year's outstanding gymnasts are: Tim Genter, an 8th grader on the parallel bars; Angie Evans, performing on bars, beam, and floor; and Linda Anderson, who was seen recently doing flips and turns at the talent show.

Let's find out how these three gymnasts have been preparing for the show.

What goes into preparing for the gym show?

Angie: A lot of hard work, patience and training go into getting ready for the show. You also have to help others with their tricks.

Linda: You have to work hard; pay attention; and practice, practice, practice.

What moves are in your routine?

Tim: My routine will probably be made up of front rolls, back rolls, handstands, shoulder stands, levels, the suicide and other combination moves.

Angie: Back walkovers, front walkovers, round-offs, back handsprings, splits, and leaps are some of the moves.

Have you ever been in a real gymnastics competition?

Angie: Yes, last year I was in eight meets including states and sectionals, and this year I've competed in four meets so far.

Tim: No, I've just been in wrestling tournaments.

Linda: No, but I hope to be in the future.

Why do you like gymnastics?

Tim: I like the parallel bars because it's a physical challenge and there are lots of moves you can do. They are also easy to set up and take down.

Angie: I like gymnastics because it's fun and I love competing in meets.

Do you think you will be ready in time for the gym show?

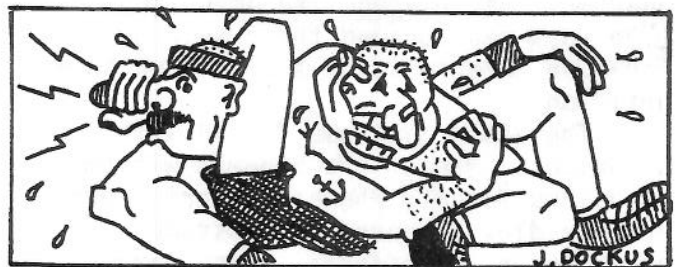


Linda Anderson, Tim Genter, Angie Evans

Tim: I should be very well prepared because of previous years, experience, and hard work.

Linda: Yes, if I work hard enough and practice regularly.

Did you know...?



By Erica Boeke

Did you know...

The wrestling team was undefeated this season.

The master wrestlers were Tim Genter and Tom Fawcett with all pins.

The whole wrestling team got to wrestle with the junior varsity team at the Intermediate High School.

The boys' basketball team had 6 wins and 8 losses.

High scorers for the boys' basketball team were Tim Frenz, John Accardi and Dave Groetsch.

The tallest boy on the basketball team is Eric Miner.

The funniest boy on the basketball team is John Dockus.